



# NWRH



## NDIS SUPPORTS

Your Guide to Accessing NDIS Support Services  
Through NWRH

NDIS Organisation ID: 4050002432



# What is the NDIS?

The NDIS provides funding to eligible people with disability to gain greater independence, access to new skills, and an improved quality of life.

The NDIS takes a lifetime approach, investing early in people with disability and children with developmental delay to improve their outcomes later in life.

The NDIS is designed to empower those with a disability to select services that assist in helping achieve their goals.

## THE NDIS HELPS YOU TO:

Gain greater independence

Choose and access community services and supports

Develop new skills



## WHO CAN ACCESS SERVICES UNDER THE NDIS?

If you have a permanent disability and meet the program eligibility criteria, you may be able to access the NDIS.

If you are younger than 65, a local area coordinator from the NDIA can help you understand the NDIS, apply and connect with community supports.

To determine your NDIS eligibility, you can contact the NDIA via:

### NATIONAL DISABILITY INSURANCE AGENCY

Telephone: 1800 800 110

Speak and Listen: 1800 555 727

For people with hearing or speech loss

TTY: 1800 555 677

[www.ndis.gov.au](http://www.ndis.gov.au)

## HOW CAN I ACCESS NDIS SUPPORTS?

### CONTACT NDIA

The NDIA is the first point of contact to determine your eligibility to access the scheme

### PLANNING

An NDIA planner will assist you to identify your goals and what services you need to achieve these goals

### FINALISE PLAN

It may take a few discussions and changes, but once you're happy, you finalise your plan and budget with the NDIA

### CHOOSE PROVIDER

You can now choose which service provider you would like to deliver your services



# WHAT NDIS SUPPORTS DO NWRH OFFER?

Understanding that everyone's needs, preferences and aspirations are services and activities, personal plans and supports over a lifetime.

As a registered provider of supports under the NDIS, NWRH can provide participants with the following support:

- Assistance in coordinating or managing life stages, transitions and supports
- Assistance with daily personal activities
- Development of daily living and life skills
- Participation in community, social and civic activities
- Allied Health supports
- Mental Health supports
- Assistive products for personal care and safety



## NWRH CAN ASSIST IN IMPLEMENTING PLANS TO ENABLE YOU TO MEET YOUR GOALS



### Physical Wellbeing Activities and Therapeutic Services

Allied health services provide client centred care to improve the health and wellbeing of people with a range of conditions. Care can be provided by a:

- Allied Health Assistant
- Dietitian
- Exercise Physiologist
- Occupational Therapist
- Physiotherapist
- Podiatrist
- Speech Therapist



### Care Support Workers

- Help with accessing services, daily living and life skills
- Transport support



### Toileting

- Continence Advisors - Develop strategies to assist maintaining continence
- Deciding on and sourcing aids such as pads



### Memory and Mental Health

- Mental Health Professionals
- Dementia Advisors
- Social Workers



# NWRH

**NWRH is a vibrant, not-for-profit company employing multidisciplinary teams to provide allied health, home and community supports, mental health and wellbeing, headspace and disability services across regional, rural and remote Australia.**

Delivering outreach and community based health services since 1993, we currently provide a variety of allied health and support services to almost every rural and remote community and major population centre in North and Central West Queensland.

NWRH can assist you in making contact with NDIS to assess your eligibility or with your general NDIS enquiries.

**For assistance simply contact details on next page.**





# NWRH

## FEEDBACK

### AT NWRH WE APPRECIATE ALL KINDS OF FEEDBACK.

Tell us about your experience and allow us to improve our services by completing our online feedback form on our website [www.nwrh.com.au](http://www.nwrh.com.au). **Tel:** 07 4781 9300

Alternatively, you can also take your concerns to outside bodies such as:

**THE COMPLAINTS RESOLUTION AND REFERRAL SERVICE**  
- 1800 880 052

**NATIONAL DISABILITY ABUSE AND NEGLECT HOTLINE**  
- 1800 880 052

**COMMONWEALTH OMBUDSMAN**  
- 1300 362 072

**QLD OFFICE OF THE PUBLIC GUARDIAN**  
- 1300 653 187

**NWRH is registered to provide supports for NDIS participants.**

Provider Registration Number: 51 757 136

*NWRH respectfully acknowledge the Traditional Owners, Elders and Leaders past, present and emerging as Custodians of the lands across which we deliver Health Services.*

## CONTACT US

### NORTH WEST (MOUNT ISA)

53 Enid Street  
PO Box 1127  
Mount Isa QLD 4825  
**Free call:** 1800 221 131  
**Tel:** 07 4744 7600  
**Fax:** 07 4744 7688

### CENTRAL WEST (LONGREACH)

19 Duck Street  
PO Box 256  
Longreach QLD 4730  
**Free call:** 1800 789 310  
**Tel:** 07 4652 7100  
**Fax:** 07 4658 3630

### LOWER GULF (NORMANTON)

38 Dutton Street  
PO Box 185  
Normanton QLD 4890  
**Tel:** 07 4747 8800  
**Fax:** 07 4747 8811

### EAST COAST / CORPORATE

261-263 Ross River Road  
Aitkenvale QLD 4814  
PO Box 8056, Garbutt BC QLD 4814  
**Free call:** 1800 799 244  
**Tel:** 07 4781 9300  
**Fax:** 07 4781 9355



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